

# success

WITH LESS

## Dare to Dream

Big dreams are realized in small steps sustained over time. Leverage Dare to Dream to:

- Ponder your top goal
- Build an achievable plan to realize your goal
- Prioritize time and resources required to realize your goal
- Remove barriers to your success
- Engage others to help and encourage you
- Realize dreams deferred

### Pause: Choose a Goal

What is your top goal in the next 12-18 months?

Why did you choose this as your top goal?

What has prevented you from making progress on this goal in the past?

### Ponder: How to Progress

What story are you telling yourself about why you will NOT succeed?

What is one example of a time when you achieved a seemingly impossible goal in the past?

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How will you feel when you realize your goal?

What are four major milestones between where you are now and achieving your goal?

What are three small tasks that would move you toward achieving your first milestone?

### **Prioritize: Steps to Success**

What is one task or appointment you can release from your calendar?

Add one small task per week from the Ponder section to your calendar.

Schedule "Dare to Dream" time the following week to plan your next three small tasks. Repeat the process.

Celebrate the progress!

How did you Dare to Dream? Share your success with [karen@successwithless.net](mailto:karen@successwithless.net)

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